



Apache's Tears

Apache's tears are one of the most potent emotional soothers you can find, it does not stifle tears, it encourages us to cry, to feel it all, leaning into the uncomfortable. It's validating and comforting, supporting us in transmuting raw emotions into compassion and wisdom. Showing us the time, we need to heal or adjust to life shattering truths, and this new reality we are in.

It knows the importance of the release and processing of negative emotions thoroughly when certain feelings threaten to sweep us away. Its energy is comforting and validating, showing you the breadth of your new emotional landscape. When you work with its black glow it engulfs your being, it can open the well of ancestors' grief within us. Which is strangely comforting, grief can feel really lonely, hard and long, and feeling them close through this stone helps us feel supported, that we are not alone. Apache's tears hold, transmute and flow with you through the tears. For those of us who have buried grief through shame or are struggling to understand the negative emotions, it carefully unpicks it through the emotional layer of your body, to bring understanding and a safe space to talk about our hardest memories and feelings. It's a good stone for therapy or to offer to anyone who is going through a very hard emotional transition.

There's something in their mysterious ability to take us to the void within ourselves to heal, a deep space of reflection that feels so needed. You can work with it to assist the release of ancient sorrow.

Pain is there because love is there, don't sweep it away so soon as it offers a disservice to the love. Take all the time you need to heal. - Apache's tears.

While working with Apache tears obsidian, the well within us bubbles up and overflows and we can find that space to acknowledge collective grief to heal through the field. It also helps you 'forgive' whilst releasing self-limiting beliefs. It's a good friend to reset the emotional equilibrium in your body. It also has a knack for quieting the inner critic within you. When that harsh voice is telling you how you should feel and be. Let Apache's tear's energy surround and hold you now, as a black glow fills your field with a lightness and gentleness you did not expect, it has the extraordinary capacity to hold emotions with no judgment. A stone that holds its own space strongly too, knowing emotional boundaries are needed, it does not need to be cleansed or charged.

It gives you the grace of 'space' you can't rush your healing, it is awkward and hard but it's necessary not to bury it. Think of this stone as your companion through hardship, its goal is to help you accept your new reality and find your way back to your heart where peace lives.

Obsidian is a very powerful and ancient volcanic glass, formed of a strong love and connection to life, death and creation. On earth it takes on the role of a very protective crystal, sought after as a protective amulet to carry or wear to provide grounding and safety. It evokes that in its initiates, the need to protect, to serve, to honor its depth. It has a rich history with the Mayas and Shamans of the native Indian tribes. A hand crafted tool and found in the earliest earth temples, as it is chipped easily to reveal very sharp edges, I reserve my shard of obsidian for intense lightbody clearing as a psychic scalpel to cut away very deep attachments and entities from the aura, and it's excellent to help remove deep trauma.

Holding black obsidian will cast a moving black shield form around your aura that will scan and process the energies around you before they connect with the inner layers of your aura, and block out any negative or harmful energies around you. But its energy runs much deeper than that, working with black obsidian is a relationship of complete trust and surrender, and it asks of the highest levels of trust, it is serious in its work and asks you to be the same. Do not underestimate this stone's potency, it must be revered and worked with care. Obsidian's medicine finds you when you are teetering on the edge of the void space to show you that expanse, the dark space where all is created. Its energy is masculine, but it understands the need for balance within the feminine aspect to penetrate the cosmic mother's womb energy to create.

The ancients call it the stone of many uses, it was used for initiation rites in Atlantis by the first tribes of RA, a collective of star frequencies who brought a vast amount of crystal frequency to the earth through their teachings of oneness. They worked with the stone to anchor new star templates into the earth as it pins in new currents into the light grids. It was a focus stone for them, something that could direct energy in a sharp and clear manner. It was frequently used by the priestess of Isis in ceremonies and rituals, originating from Atlantis, Goddess Isis carries the dark mother template, mother of all, a high priestess and carrier of the rose lineage womb codes of unity to Ancient Egypt.

Here their devotional temple arts worked with the energies of stones such as the Ruby and Obsidian. Its ability to 'draw out', purify, purge, and detoxify was revered by the Priestess who scryed with this stone in ancient Egypt, due to its highly reflective properties which uncovers truths hidden deep within, and the hidden wisdom of the gods. It enhanced their visionary capacity by reflecting only true light to them.

Its power as a portal opener and an 'in between' world stone that opened the third eye. They understood its mystic and magic ways and brought it into ritual and initiation, working with slabs of black obsidian that the initiate would lie on to draw out energies from the light body. At this point in the ascension cycle, obsidian holds a strong light to support us in cutting away false grids and matrices within the earth and mental field of the collective field, its focus can be drawn to identifying false light and support the falling away of agendas which do not serve the earth's evolutionary process.

Obsidian is a gateway stone into the deepest levels of cellular memory within you because it is one of the most ancient stones used by many cultures and civilizations across the world, because of that it holds all ancestral imprints like a library. It has the frequency to untangle neuro pathways in the brain so that you can re-wire yourself and de-program. Just as it deprograms and directs currents through the earth grids.

I have had a lot of time to sit with Obsidian, especially when traveling through the Yucatan where it's found in abundance and used by the Maya's. It presents the initiation of death; unlike any other stone you can work with. Obsidian reminds us that - ***'Death is a doorway into the eternal'***

Connecting with Obsidian

Hold obsidian in your left hand or place it where it feels most comfortable. Before we start I ask you to affirm your angelic vortex protection, above, below, in front, behind, to the left and right of you.

- Hold your obsidian, gaze at it, turn it over in your palms, connecting with it, its black glow jumps into your hands.
- Let it flow around your body, noticing where it goes.
- Each breath you breathe in its energy deeper.
- It's energy wants to dig, unearth, to open parts of you.
- You follow its energy with intent down to your womb as it flows there to fill it up. Offering solid stability, grounding and protection.
- Call on the ancestral energies of Obsidian, its guardian and protectors to surround you now in holding the light with you.
- Ask Obsidian to show you any shadows in your womb, any neglected parts of you.
- We ask obsidian to sweep and locate any devices, imprints, holographic inserts and implants through the womb and lightbody and/or any devices connected through, in or around you and those in your soul group.

Scanning:

- Etheric 1st Layer of your aura
- The emotional 2nd Layer
- The mental 3rd Layer
- Astral 4th Layer
- Etheric Template the 5th Layer.
- The Celestial 6th layer
- The Causal 7th Layer.

You are guided to a cave of obsidian, where the black shards reflect the light back at you, walking deeper into the cave you are joined by your animal guides, they join you, walking with you. You come to an inner chamber of black obsidian mirrors. Standing in the center of these black mirrors reflecting back at you in a circle, you fix your gaze on the obsidian mirror in front of you, willing it to call forward your shadows.

The spirit of Obsidian speaks to you.

'What do you see?'

It shows you the version of you that you need to free.

What would it take for you to feel whole and included?

Ask it to present you with the truth of your being.

We sink into the story that Obsidian is a fierce protector, and that feels good, it's one we are fed through books. But it is so much more, it is a shadow mirror because for it to be able to protect and hold you it would make sense that it sees and understands the deepest shadows it serves to protect or initiate you from. That is often yourself, it's not anything outside of you, it's the false narratives you have fed yourself.

It shows you the shadows within you because it knows that the greatest healing has to come from looking internally.



Pearl

Divine Feminine, Motherly love, Purity, innocence.

How they were discovered is unclear, they have been around for thousands of years, and have been found in Asia and the Middle East as far back as 2500 B.C. Formed when sand or parasites get inside the mollusk and form layers of pearly materials around it as a defense.

There is much folklore around the pearl, the Japanese said that they were the tears of mythical creatures, the ancient Persians said they were the tears of the gods, and the ancient Greeks believed they were formed when Aphrodite emerged from the sea and released tears of joy. In Taoism, Buddhism and Hinduism, the 'flaming pearl' symbolizes your inner wisdom and strengthens your connection to divine energies.

They hold a light, feminine energy that connects with our sensual nature, it's energies are governed by the moon and Venus, and associated with nurturing, love and beauty. Work with Pearl's during moon rituals and in any crystal grids for feminine healing. White pearls are a symbol of purity, innocence, and faith, where black pearls are for protection and mystery.

Holding and wearing pearls bring feelings of peace, serenity and peacefulness.

Their place in this course was for the sacral chakra where they align to enhance creativity and balance emotions. To bring alignment between the heart and womb, at the heart they open us up to unconditional love, compassion and a deeper sense of empathy, alleviating trapped anger or sadness.

Look within: Pearls are an introspective stone, encouraging us to discover our true selves and our true purpose here on Earth. Pearl is really protective of your energy and will surround you in its glow as a shield to repelling psychic attacks.

Connecting with the Goddess through Pearl

Working with pearls you can connect with Aphrodite the goddess of love and beauty, Selene the Moon Goddess, and Krishna the God of compassion and love.

Physical benefits: Pearl is said to Balance hormones, boost the immune system, promote fertility and assists those birthing in the physical sense or birthing new ideas and ways of being.